

Liver Enhancer protects and restores the function of your liver while balancing your immune system. Take this formula to nurture and detoxify your liver and protect the liver from damage associated with autoimmunity, inflammation, oxidation and infections such as hepatitis viruses. This formula has been tested in a clinical trial in China with 100 people and demonstrated a 63% success rate in reduction and elimination of Hepatitis B Virus surface Antigens in the blood. Traditional Chinese Medicine believes that the liver-energy controls and balances the Spleen/Stomach energy. The Spleen plays a major role in the immune function. Liver Enhancer helps balance the immune system, thus assisting in the healing of psoriasis, and presents protective effects against liver damage. Liver Enhancer delivers maximum benefits of historically proven edible, precious and beneficial mushrooms including Ganoderma, Poria, Cordyceps, Grifola, Lentinus, and Hericium. Polysaccharides in these mushrooms have been scientifically proven effective for modulating the immune system.

Technical Reference Bulletin

The information in this article is not intended as medical advise, but only as a guide in working with your health care professional.

Liver Enhancertm

DOCUMENTATION OF INDIVIDUAL HERBS

Ganoderma (Ling zhi) (Reishi)

Organ Affinity: Liver

Effects: Protects liver, calms nervous system, increases white blood cells, anti-microbial, lowers blood pressure, reduces internal phlegm, strengthens digestive system.

Indications: Emphysema, bronchitis, irregular heart beat, liver infection, cirrhosis, ringing in ear, arthritis, sleeping disorders, poor digestion.

Remarks: One clinical study (288 patients) in China on the treatment of chronic bronchitis using Ling zhi extract indicated an 87% improvement. Another clinical study on the treatment of acute liver failure indicated that 19 out of 21 patients recovered their liver function after 45 day treatment using Ling zhi extract.

Poria Cocos (Fu-Ling)

Organ Affinity: Kidneys and Spleen

Effects: Sedative, diuretic, anti-microbial, anti-parasitic.

Indications: Difficult urination, swelling, lack of appetite, diarrhea, excess phlegm, coughs, insomnia, nervousness.

Remarks: This herb has been used in TCM for lowering blood sugar and controlling stomach acids. Poria

has anti-emetic activity, anti-carcinogenesis, anti-edema effect, and prevents toxicity. These medicinal activities may be related to its immune modulating function. The polysaccharides are responsible for this modulating function.

Cordyceps sinensis

Organ Affinity: Heart, Kidneys, and Liver

Effects: Blood tonic, strengthens adrenal glands, antitumor

Indications: Excessive perspiration, bronchitis, emphysema, low sexual vitality, pain in lower back and knees, arthritis.

Remarks: This is one of the most popular and precious longevity-promoting herbs because it strengthens the adrenal glands, increases sexual vitality, relieves bronchitis and emphysema, reduces blood fats and sugars, lowers blood pressure and improves blood circulation.

Grifola (Maitake)

Organ Affinity: Liver

Effects: Protects liver, modulates immune system, lowers blood sugar, promotes balance of cholesterol.

Remarks: Contains a group of poly saccharides that have immuno-modulatory, lipid-lowering, antitumor activities by stimulating cytokine production from macrophags.

Lentinus (Xiangxun) (Shiitake mushroom)

Effects: Anti-carcinogenic, anti-cholesterol emic, immune stimulating; reduces blood sugar, lowers blood pressure, suppresses appetite.

Indications: Improving qi and blood, detoxification, cleansing blood fat, lowering blood sugar, acne.

Remarks: Approximately 200,000 tons of Lentinus are produced each year. The volume is expected to increase as more benefits become known. The positive effects include anti-carcinogenic, anti cholesterolemic, and inimune stimulating and modulating effects. They also contain rich minerals and amino acid composition. Lentinus also prevents liver cancer cell metastasis.

Hericium

(Yamabusbitake) (Houtou)

Polysaccharides in Hericium increases proliferation of T & B lymphocytes in spleen cells and has antitumor activities.

Schisandra (Schisandra chinensis)

Organ Affinity: Lungs, Kidney, Liver, Heart, Spleen

Effects: Astringent; tonic to kidneys; demulcent; anti-diarrhoeic; anti-tussive.

Indication: Chronic coughs; asthma; thrush; profuse perspiration due to "empty" ailments; spermetorrhoea;

nocturnal emissions; profuse and frequent urination; chronic diarrhea.

Remarks: It is both astringent and demulcent. Excellent fluid balancer. Beautifies the skin. Strengthens liver function and immune system.

Skullcap (Bacial Skullcap) (*Scullallaria Bacicalensis*)

Organ Affinity: Heart, Lungs, Gallbladder, Large Intestines, Small Intestines.

Effects: Antipyretic; antidote; refrigerant; drying; sedative to restless.

Indications: Excess heat, oppression in chest, thirst with no desire for water, dysentery and diarrhea, jaundice, body heat, irritability, blood in stool and sputum, nosebleeds.

Remarks: Lowers blood pressure; sedative effects on central nervous system; antiseptic against many germs, including candida.

Lo Han Kuo "Magic Fruit" (Cucurbitaceae fruit-*Momordica grosvenori*)

Organ Affinity: Spleen & Liver

Effects: Antipyretic, moist, calming and relaxing.

Indications: Digestive tract problems; sore throats, coughs, headache, and tension.

Remarks: Effective for elimination of constipation, diarrhea, or other digestive problems; relaxes digestive tract and, thus, relieves tension and helps to reduce headaches.

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